

Please answer **all** questions on the following **three** pages to the best of your ability.

1.) Briefly describe the problem(s) which have caused you to see the doctor today. \_\_\_\_\_  
\_\_\_\_\_

2.) Has your child ever been hospitalized or seen in the emergency room for this/these problem(s)? Yes\_\_\_ No\_\_\_  
(If yes, state when.) \_\_\_\_\_

3.) Which time of day are your child's symptoms worse? (circle) Morning Afternoon Evening Nighttime

4.) Do the symptoms ever awaken your child at night? Yes\_\_\_ No\_\_\_ If yes, how often? \_\_\_\_\_

5.) Are the symptoms worse during certain seasons? Yes\_\_\_ No\_\_\_

If yes, which season? (circle) Winter Spring Summer Fall

7.) Are your child's symptoms triggered or worsened by exposure to any of the following **allergens**? (circle)  
Dust Pollens Cats Dogs Mold (raking leaves, hay rides, damp basements) Other \_\_\_\_\_

8.) Are your child's symptoms triggered or worsened by exposure to any of the following **irritants**? (circle)

Smoke Perfumes Strong Odors Cold Air Exercise Other \_\_\_\_\_

9.) Please list other factors which you feel are associated with triggering your child's symptoms. \_\_\_\_\_

10.) Please list the names of **all** medications your child is currently taking, including over the counter \_\_\_\_\_  
\_\_\_\_\_

11.) Please list any drug allergies: \_\_\_\_\_

Other physicians your child has seen for this/ these problems: \_\_\_\_\_

**PAST HISTORY**

**Birth History**

Born where? \_\_\_\_\_ Birth Weight : \_\_\_\_\_

Length of Pregnancy \_\_\_\_\_ Any complications with delivery? \_\_\_\_\_

**Feeding History**

Breast (how long?) \_\_\_\_\_ Formula \_\_\_\_\_ Any troubles with feeding (vomiting, gas, diarrhea, etc.)? \_\_\_\_\_

**Immunizations**

(Up to Date?) \_\_\_\_\_

Any adverse reactions ? \_\_\_\_\_

**Illnesses**

Has your child ever been **diagnosed** with any of the following? (Please check **YES** or **NO**)

	<u>YES</u>	<u>NO</u>	<u>Physician Comments</u>
Asthma .....	_____	_____	
Hay fever/ Allergic Rhinitis .....	_____	_____	
Sinus Problems .....	_____	_____	
Ear infections/ fluid in ears .....	_____	_____	
Eczema/ Dermatitis .....	_____	_____	
Bronchitis .....	_____	_____	
Bronchiolitis .....	_____	_____	
Pneumonia .....	_____	_____	
Chicken Pox .....	_____	_____	
Measles .....	_____	_____	
Croup .....	_____	_____	
Arthritis/ Joint aches .....	_____	_____	

Other: \_\_\_\_\_

Any Surgeries? \_\_\_\_\_

Any Blood Transfusions? Yes No

Any Hospitalizations? \_\_\_\_\_

Reviewed By \_\_\_\_\_ M.D.

**ENVIRONMENTAL SURVEY**

Please **check** or **complete** the answers to describe your home.

Type of Home: House\_\_\_ Apartment\_\_\_ Other\_\_\_\_\_

Approximate age of home: \_\_\_ years Years of occupancy\_\_\_

Location: City\_\_\_ Suburban\_\_\_ Country\_\_\_

Near your home is there a: Barn\_\_\_ Prairie\_\_\_ Factory\_\_\_ Other\_\_\_\_\_

Obvious mold/mildew? Yes / No Lots of dust? Yes / No Roaches? Yes / No

Heating System: Forced Air\_\_\_ Radiator\_\_\_ Baseboard\_\_\_ Other\_\_\_\_\_

Air Conditioning: Central\_\_\_ Window units\_\_\_ Fans\_\_\_ How often do you change the air filter? \_\_\_\_\_  
In the spring / summer / fall windows are primarily kept: Open \_\_\_  
Closed \_\_\_\_\_

Floor coverings: Carpet\_\_\_ Area rug\_\_\_ Wood\_\_\_ Other\_\_\_\_\_

Is there a basement or crawl space? Yes\_\_\_ No \_\_\_ Is the basement damp or musty? Yes\_\_\_  
If yes, do you spend much time in the basement? \_\_\_Yes \_\_\_No No \_\_\_

**BEDROOM**

Located in : Basement\_\_\_ First Floor\_\_\_ Second Floor\_\_\_ Attic\_\_\_

Floor Covering Carpet\_\_\_ Area rug\_\_\_ Wood\_\_\_ Other\_\_\_\_\_

Bed mattress: Conventional\_\_\_ Futon\_\_\_ Water\_\_\_

Pillows: Synthetic/Foam\_\_\_ Feather/Down\_\_\_

Comforter: Cotton/Synthetic\_\_\_ Feather/Down\_\_\_ Wool\_\_\_

**Household Pets:** Cat\_\_\_ Dog\_\_\_ Bird\_\_\_ Other\_\_\_\_\_

Do they go into the bedroom? Yes\_\_\_ No\_\_\_

**SMOKERS IN FAMILY** No Yes (who?)

Did Parent or Caretaker previously smoke around the child (at home, in car, in restaurants)? **No** **Yes (Who)?**

**PARENT's OCCUPATION:** Mother \_\_\_\_\_ Father \_\_\_\_\_

**SCHOOL HISTORY:**

Does or did your child attend daycare or preschool ? \_\_\_\_\_

How many days of school (day care) per year has your child missed due to illness ? \_\_\_\_\_

Does your child have symptoms during gym class or other activity ? \_\_\_\_\_

Does your child take any medications at school (day care) ? \_\_\_\_\_

Is your child exposed to any of the following at school (day care) ? **(circle)**

Animals (rabbits, mice, etc.) Dusts Chemicals Smoking Other\_\_\_\_\_

Reviewed By \_\_\_\_\_ M.D.

**Family History:** Please **check** all that apply to members of your family.

	Mother	Father	Siblings	Other Relative	Physician Comment
Allergic Rhinitis(Hay Fever)	_____	_____	_____	_____	
Asthma .....	_____	_____	_____	_____	
Sinus Problems .....	_____	_____	_____	_____	
Nasal Polyps .....	_____	_____	_____	_____	
Hives/ Swelling .....	_____	_____	_____	_____	
Eczema/ Dermatitis .....	_____	_____	_____	_____	
Drug Allergy .....	_____	_____	_____	_____	
Food Allergy .....	_____	_____	_____	_____	
Stinging Insect Allergy .....	_____	_____	_____	_____	
Emphysema/ COPD .....	_____	_____	_____	_____	
Chronic Bronchitis .....	_____	_____	_____	_____	
High Blood Pressure .....	_____	_____	_____	_____	
Heart Disease .....	_____	_____	_____	_____	
Diabetes .....	_____	_____	_____	_____	
Thyroid disorder .....	_____	_____	_____	_____	
Cancer .....	_____	_____	_____	_____	
Other _____	_____	_____	_____	_____	

**Review of Systems:**

Please **circle** any of the following symptoms which your child is **currently experiencing** or which caused **serious** problems in the past.

- General: fever, night sweats, weight changes, fatigue, loss of appetite
- Eyes: itching, tearing, dry eyes, redness, swelling, discharge
- Ears: ear fullness, popping, itching, loss of hearing, infections
- Nose: sneezing, itching, runny nose, stuffy/congested, yellow/green discharge
- Throat: sore throat, post nasal drip, itchy palate
- Lymph glands: glandular swelling, glandular tenderness
- Chest: cough, nighttime cough, wheezing, frequent respiratory infections, shortness of breath
- Intestinal Tract: nausea, vomiting, indigestion, trouble swallowing, stomach pain, constipation, diarrhea, excessive gas
- Urinary: trouble with urination, frequent urination, burning, urinary infections,
- Rheumatologic: joint stiffness, joint swelling, joint pain,
- Skin: rash, hives, welts, itching, eczema, hair loss
- Neurologic: black outs, severe headaches, epilepsy(seizures), inability to concentrate, trouble sleeping

Other: \_\_\_\_\_ All Others Neg. \_\_\_\_\_

Reviewed By \_\_\_\_\_ M.D.